More Details about the Hadarians and 'Dark souls'

Below is a question from a student about the Hadarians and 'dark souls'.

I am including this here because it is important context for students to have.

I'm hung up on the concept that Hadar was infiltrated by dark souls who incarnated as Hadarians to steal their light. It seems to contradict the ideas mentioned in the karma section, in which souls aren't dark but instead we live out perpetrator lifetimes. How can they contract with Spirit to incarnate for such a dark purpose? Are these souls reincarnating in other areas of the universe with dark intentions, and might they be here on Earth? I'm not trying to dispute anything, I'm very open to learning new concepts to my current worldview, although I must admit the Hadarians have really thrown my inner skeptic into play, I'm just puzzled and want to make sure I understand it fully.

My response:

It might help to think about the idea of 'dark souls' (or souls who are going through a perpetrator lifetime) in terms of psychology AND spirituality, rather than just through a spiritual lens. The term 'dark souls' might be an unfortunate choice of words for such souls – it's too loaded. Perpetrator lifetime is more descriptive.

To begin with the spiritual side of things, in terms of perpetrator lifetimes, there is a lot of variety in terms of how abusive and destructive a soul might be during a perpetrator lifetime. The term 'stealing the light' of the Hadarians is a metaphor for emotional and psychological abuse – making someone believe they have no gifts, taking credit for someone else's achievements or goodness, and treating someone as if they are worthless. Some souls in perpetrator lifetimes will engage in actions which are much more destructive, such as murdering or raping, while others are more covert in the destruction/abuse they spread around.

The archetype of the Hadarians/dark souls is more about emotional abuse, i.e. Hadarians have a soul background of being emotionally abused, dehumanised and victimised, being told they don't have any purpose or worth – and because of this history, they are more prone to victimisation here e.g. the abused partner who brings more love into the situation of abuse, hoping it will end. And Hadarians are really learning to overcome this and stand up for themselves.

But back to the perpetrator or 'dark souls' who have been part of that story.

Many souls in perpetrator lifetimes do not come into this world wanting to inflict suffering or damage on others. Often as part of their soul contract, they will decide (unconsciously) to become abusive themselves because of something they experienced early on in life.

From a psychological standpoint, such people might develop a personality disorder such as narcissistic personality disorder. That's just an example. They will become cut off from Divine love and lose the ability to relate to and care about others. Other times, the trigger to become abusive or destructive comes from elsewhere (i.e. it may not be due to abuse from caretakers or parents), but usually it will be part of the soul's plan.

Souls in perpetrator lifetimes are generally abusive in a lifelong way and they don't usually change during that lifetime. Of course, none of us go through perpetrator lifetimes indefinitely – it's usually a one-off thing for some souls.

Dr Coletta Long is the therapist who noticed perpetrator lifetimes. She was a clinical psychologist/hypnotherapist who has regressed tens of thousands of people to past lifetimes, and found that souls choose perpetrator lifetimes to learn something.

So to whittle it down to the basics, the common archetype that we find among the Hadarians is a soul who was emotionally or psychologically abused in the past and has been negatively impacted by this. The archetype of the 'dark soul' could be the narcissist (or any soul who temporarily cuts themselves off from Divine love in some way) who wants to inflict harm on others.

Hadarians have often had abusive relationships or an abusive relationship that they stayed in long term.

So, it might help to think about it in those terms.

If something doesn't make sense for you or resonate for you, feel free to discard what doesn't and keep the rest.

My understanding of this topic has come primarily from the work of Alice Miller and the work of Dr Coletta Long, as well as various books about personality disorders.